

FOOD BANK OF WYOMING™

October 2026

Hunger Relief Partner Newsletter

Happy Halloween!



Holiday Hours

As we approach the holiday season, please note that Food Bank of Wyoming will be closed on **November 25 and 26 for Thanksgiving** and **December 25 for Christmas**.

If your pantry will be closed during any upcoming holiday and will **not be available to receive a scheduled delivery**, please contact the [Help Desk](#) as soon as possible so we can notify our Transportation team.

Welcome Our New Hunger Relief Partner:

Sweet Grass Food Lodge

We are excited to welcome a new partner serving Fort Washakie, Wyoming!

Eastern Shoshoni Tribal Health is open to the community on **October 7 and 14, 2:00 p.m. - 6:00 p.m.**

Location:

15230 US Hwy 287
Fort Washakie, WY 82514

Contact:

307-349-6733



[For additional dates, please visit our Food Finder page.](#)



Annual NeoGov Training

To remain in compliance, **at least one representative from each partner agency** must complete the required annual trainings by **December 31**.

Required Trainings:

- **Civil Rights Training** (approximately 45 minutes)
- **Food Safety Training** (approximately 30 minutes)

All training is completed through **NeoGov**. If you need assistance setting up a NeoGov account or have trouble logging in, please contact the [Help Desk](#) for support.

Thank you for completing these annual training requirements and for your continued commitment to serving Wyoming communities safely and equitably.



Food Safety

Food Safety Training

🕒 0H 30M

🌐 PRE-BUILT ONLINE

[Enroll](#)



Diversity

The Great Divide: Civil Rights Training

🕒 0H 45M

🌐 PRE-BUILT ONLINE

[Enroll](#)

Partner Resources

Explore these resources for helpful information, reminders, and tools to support your partnership with Food Bank of Wyoming.

PLEASE CHECK YOUR EMAIL

Email is our primary method of communication. When changes happen (like bad weather or closed roads), we will let you know by email.

Questions About Invoices or Account Balances

For questions regarding **invoices or other Help Desk support**, please contact helpdesk@wyomingfoodbank.org.

For questions regarding **account balances**, please contact **Abigail** at aacheampong@foodbankrockies.org.

(New!) Grant Spotlight

Food Bank of Wyoming is introducing a new section to help Hunger Relief Partners build their fundraising knowledge and capacity. Future newsletters will include:

- Available funding opportunities
- Practical grant-writing tips
- Explanations of common grant terms
- Tools and resources to support successful applications

Get Grant Ready

Having basic information organized before an opportunity opens can make grant applications much easier. Start by creating a digital **grant-ready folder** containing:

- Your organization's mission and vision statement, if available
- IRS determination letter or fiscal sponsor information
- Current operating budget
- Board member list
- Most recent Form 990, if applicable
- Most recent Audited Financial Statements, if applicable
- Basic service statistics, such as households and individuals served
- Photos of your facility, equipment, or neighbors served when appropriate

Coming in February: Grant Webinar Series

Food Bank of Wyoming will launch a (free!) live grant webinar series for Hunger Relief Partners beginning in **February 2027**, with the date to be announced.

The webinars will provide practical guidance, helpful examples, and opportunities for partners to ask questions about fundraising and grants. Additional details will be shared in future newsletters.

Plastic Crates & Empty Gaylord Bins

A friendly reminder to please return all empty black crates, also known as RPCs (returnable plastic crates), and Gaylord bins to the Food Bank of Wyoming. These items are not owned by partner agencies and are expected to be returned periodically so we can continue using them throughout our network.

Please also **do not cut into or cut down Gaylord bins**. These bins are a recurring expense for the Food Bank and cost approximately \$11 to \$15 each when purchased in bulk. Both Gaylord bins and RPCs are designed to fold down flat, making them easy to transport and store. When possible, please fold them down and stack them neatly on a pallet so our drivers can easily bring them back to the warehouse. We appreciate your help in returning these materials and helping us reduce unnecessary replacement costs. Thank you for helping us keep resources moving efficiently throughout Wyoming!

Holiday Items Available

Even though they may feel far away now, winter holidays are right around the corner! Many of you do special holiday distributions around Thanksgiving, Christmas, and other holidays, and our Sourcing team stocks items that help our neighbors make the holidays feel special.

This year's Thanksgiving items include: corn muffin mix, stuffing, cranberry sauce, gravy, instant mashed potatoes, canned green beans, cream of mushroom soup, and canned sweet potatoes. Many of these items are already available on Agency Express and can be found by searching "Holiday." Plan early to make the holidays special for your neighbors!

Honey Roasted Pumpkin Seeds

INGREDIENTS

- 2 cups pumpkin seeds
- 2 tsp. pumpkin seed oil
or olive oil
- 2 tbsp. honey
- pinch of salt (to taste)



DIRECTIONS

1. Preheat oven to 325 F
2. Cut open your pumpkins. Remove the pulp and stringy bits from the seeds and pat dry with a kitchen towel. Make sure that there is no remaining moisture.
3. In a large skillet, warm the oil over medium heat and saute the pumpkin seeds until lightly golden for about 3 minutes.
4. Add the honey and mix with a rubber spatula.
5. Transfer the skillet to the oven. Roast for about 20-30 minutes, stirring occasionally so that they do not burn.



This institution is an equal opportunity provider.

Food Bank of Wyoming aspires to meet individuals where they are with the foods they need based on their unique circumstances and culture. We show up for any

person experiencing hunger knowing that food insecurity can impact any of us at various points in our lives. Today, we may be packing produce for a person facing an unforeseen health crisis and tomorrow we may be providing a weekend food bag to a child whose caregiver may be struggling to find a well-paying job.

The circumstances may be different, but we never waver from our mission of igniting the power of community to nourish people facing hunger.



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}