

FOOD BANK OF WYOMING™

February 2026

Hunger Relief Partner Newsletter

Happy Valentine's Day



FOOD  BANK
OF WYOMING™

What's New & In Stock

Tortillas: The Ultimate Meal Starter

Soft, flexible, and ready to roll, tortillas are one of the hardest-working items in the pantry. They turn simple ingredients into real meals in minutes — wraps, tacos,

breakfast rolls, quesadillas, and more.

Tuna and Cracker Packs: Protein-Packed and Ready to Go

Tuna paired with crackers delivers a satisfying, shelf-stable snack that requires zero prep and still brings protein to the table. Perfect for quick lunches and after-school bites.

Preparing for a Site Review

What to expect:

Reviews typically include a walkthrough of your distribution area, a quick look at storage practices, and a review of basic documentation. This helps confirm food safety standards, inventory processes, and program guidelines are being followed.

How to prepare:

A little organization goes a long way. Make sure food is stored off the floor, items are within date, and areas are clean and orderly. Have your required forms and records accessible, and ensure staff or volunteers know general distribution procedures.

Pro tip:

Site reviews are one of the ways we support you. They give us a chance to see your space, understand your needs, answer questions, and offer guidance or resources that make your work easier.

Scheduling your site review:

We'll be reaching out soon to set up a convenient time to visit your site. Once a date is confirmed, you'll receive a **calendar invite** along with a **Site Review Checklist** to help you prepare. This checklist is designed to make the process simple and stress-free, giving you clear guidance on what to have ready and how we can best support you during the review.

National Strawberry Day February 27!

Strawberries are an excellent source of vitamin C, folic acid, potassium, and fiber! They contain 55 calories and 0 grams of fat in a one-cup serving. Snack time just became sweeter!

Fun Strawberry Facts:

- Strawberries are the only fruit with seeds on the skin
- Strawberries are not only delicious, but they smell great because they belong to the rose family
- There are over 600 varieties of strawberries grown throughout the Earth

Berry picking tips:

- Pick your strawberries fully ripe; they don't continue to ripen after being picked.
- Don't wash your strawberries until you are ready to eat them; they are susceptible to mold, and washing them will speed up spoilage.
- Picking berries on cool, cloudy days is optimal.
- Strawberries freeze well! Pluck off the green caps and toss them into a freezer bag.

You can use them for smoothies, parfaits, ice cream, or for topping a cheesecake!



This institution is an equal opportunity provider.

Food Bank of Wyoming aspires to meet individuals where they are with the foods they need based on their unique circumstances and culture. We show up for any person experiencing hunger knowing that food insecurity can impact any of us at various points in our lives. Today, we may be packing produce for a person facing an unforeseen health crisis and tomorrow we may be providing a weekend food bag to a child whose caregiver may be struggling to find a well-paying job. The circumstances may be different, but we never waver from our mission of igniting the power of community to nourish people facing hunger.



Our Contact Information

- *{{Organization Name}}*
- *{{Organization Address}}*
- *{{Organization Phone}}*



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